

# Why I'm prescribing Abilify Maintena (aripiprazole) for you

References: 1. Abilify Maintena® Approved Product Information.

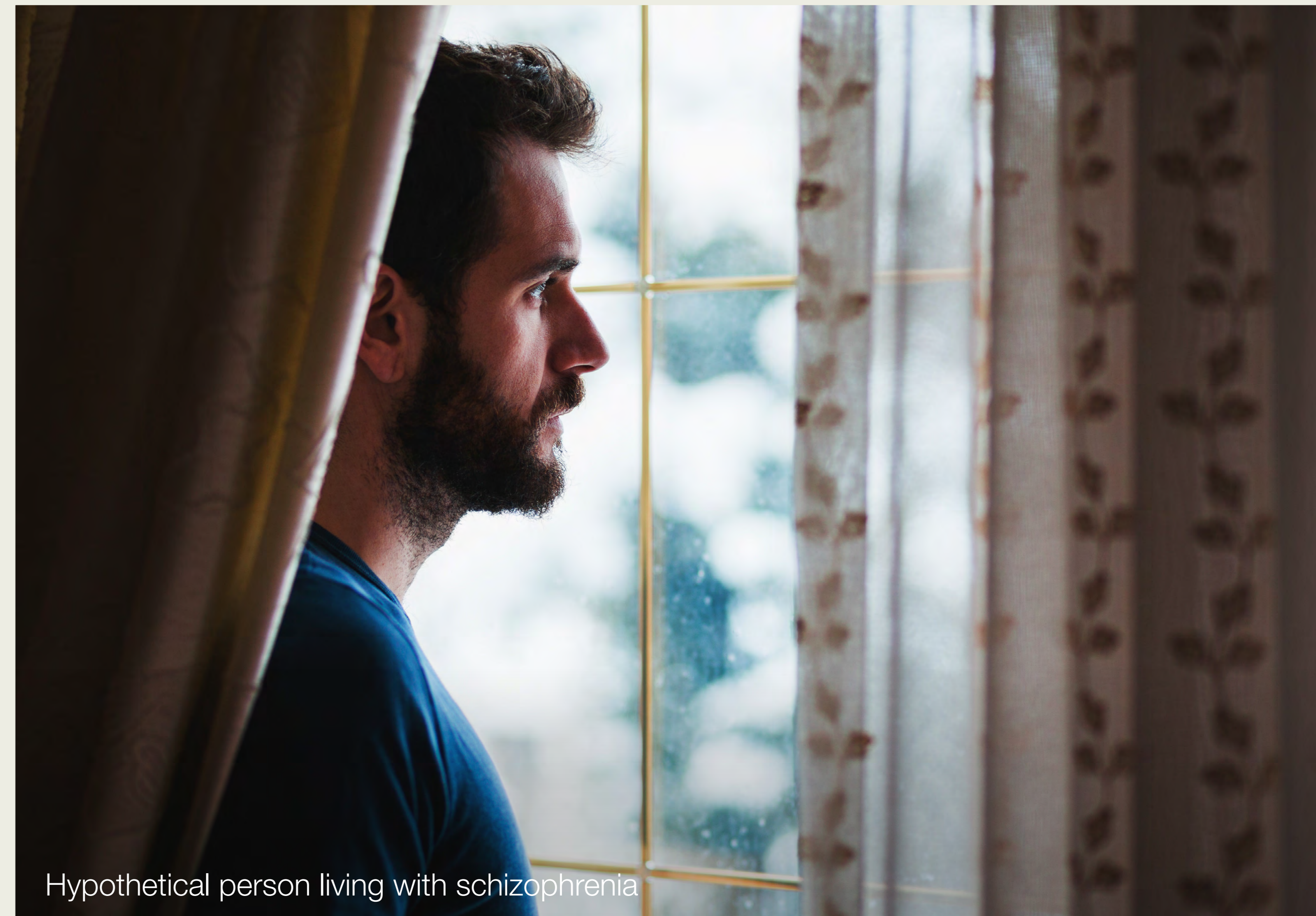


Living with  
schizophrenia  
can have its  
ups and downs.<sup>1</sup>

References: 1. Galletly C *et al.* *ANZJP* 2016;50(5):1-117.



Antipsychotic medication is proven to help reduce the risk of relapse and rehospitalisation.<sup>1-3</sup>




Hypothetical person living with schizophrenia

**References:** 1. Kane JM *et al.* *J Med Econ* 2015;18:145-154. 2. Mustafa S *et al.* *BMC Psychiatry* 2019;19:114. 3. Naber D *et al.* *Schizophr Res* 2015;168:498–504.

The less relapses  
you have, the  
more you can  
have control  
of your life and  
personal goals.<sup>1-3</sup>



Hypothetical person living with schizophrenia

A close-up photograph of a person's hand holding a dark pencil, poised to write on a calendar grid. The calendar is open to a page showing dates from 5 to 27. The hand is positioned over the date 13. The background is a blurred white fabric, possibly a shirt. The overall lighting is soft and natural.

Remembering to  
take medication  
can be hard for  
anyone.<sup>1-3</sup>

References: 1. Galletly C *et al.* *ANZJP* 2016;50(5):1-117. 2. Haddad PM *et al.* *Patient Relat Outcome Meas* 2014;5:43-62. 3. Kane JM *et al.* *World Psychiatry* 2013;12:216-226.

It's really important that you keep taking your medication, even once you feel well. To keep you well.<sup>1-3</sup>



Hypothetical person living with schizophrenia

**References:** 1. Galletly C *et al.* *ANZJP* 2016;50(5):1-117. 2. Kane JM *et al.* *World Psychiatry* 2013;12:216–226. 3. Kane J *et al.* *J Clin Psychiatry* 2019;80:3.

Abilify Maintena  
is given to you  
once a month, so  
you don't have to  
remember to take  
your medication  
daily.<sup>1</sup>



Hypothetical person living with schizophrenia

Other common medications are also available as long-acting options.<sup>1-3</sup>

Contraceptives<sup>1</sup>



Multiple sclerosis medications<sup>2</sup>



Arthritis medications<sup>3</sup>



Hypothetical people living with schizophrenia

**References:** 1. Stewart M and Bateson D. *Aust Prescr* 2016;39:153–158. 2. MS Australia. Avonex. Available at: <https://www.msaustralia.org.au/treatment/avonex/> (Accessed December 2022). 3. Arthritis Australia. Things to consider when taking a biologic. Available at <https://arthritisaustralia.com.au/things-to-consider-when-taking-a-biologic/> (Accessed December 2022).

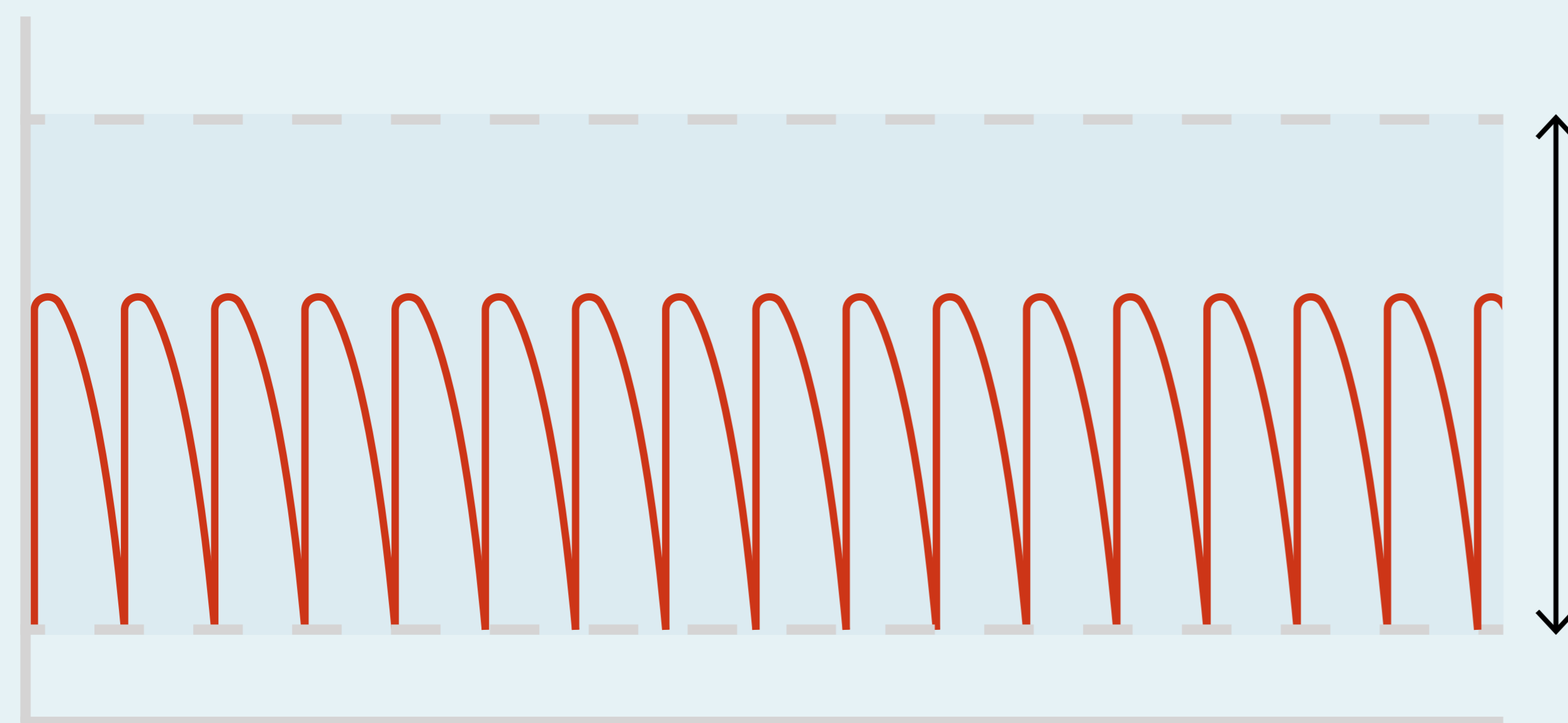


Having an injection doesn't mean  
a person's schizophrenia is worse  
than someone who takes tablets.  
It's just another option.<sup>1</sup>

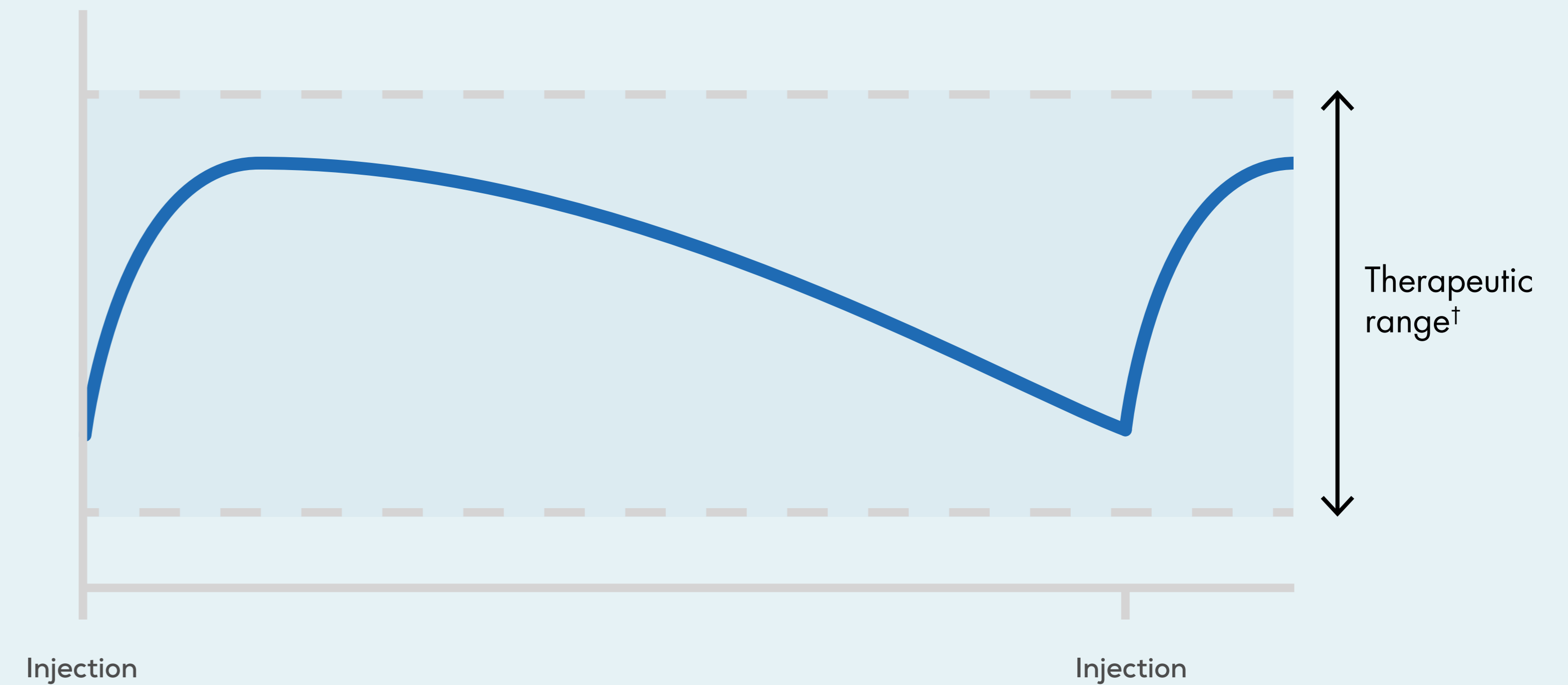
# Absorption of tablets compared with long-acting injections<sup>1</sup>

How antipsychotics are absorbed over time\*

\*Not drawn to scale.



A tablet every day



Long-acting injection every four weeks<sup>‡</sup>

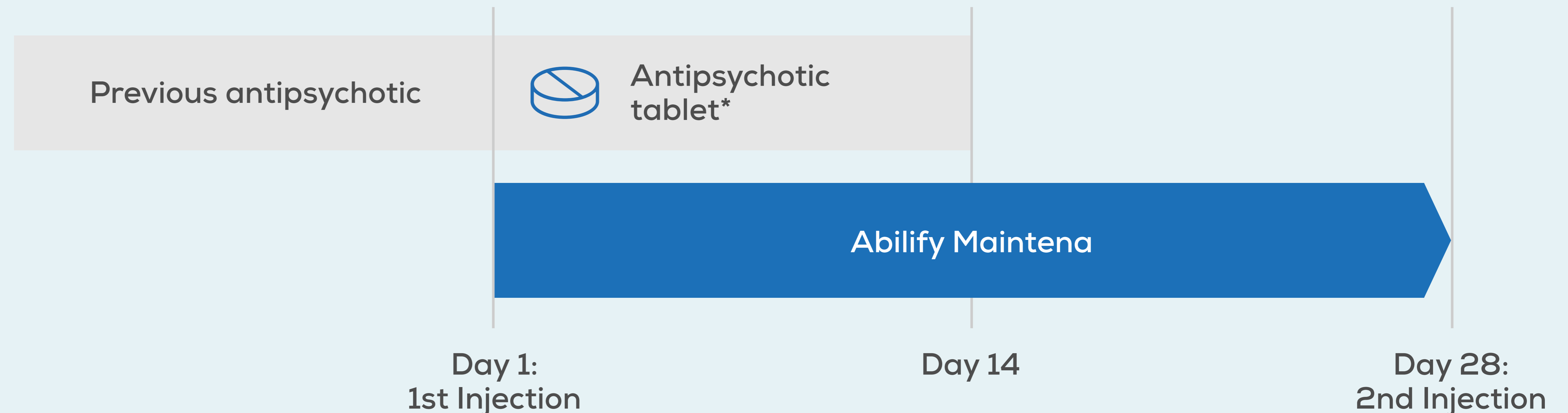
Adapted from Raoufinia A *et al. Curr Med Res Opin* 2015.<sup>1</sup>

<sup>†</sup>Hypothetical example of a therapeutic window. <sup>‡</sup>Abilify Maintena is administered every four weeks. Please see Approved Product Information for full dosing information.

References: 1. Raoufinia A *et al. Curr Med Res Opin* 2015;31(3):583–92.


# You need to take tablets for the first 14 days after the first injection, to allow enough time for Abilify Maintena to reach its therapeutic blood level.

After that, you only need the injection once a month.<sup>1</sup>



<sup>1</sup>Oral aripiprazole or other antipsychotic tablet as directed by your doctor.

References: 1. Abilify Maintena<sup>®</sup> Approved Product Information.

A man with short brown hair and a beard, wearing a blue button-down shirt, is smiling and looking towards a woman whose back is to the camera. The woman is wearing a dark jacket. They appear to be in a social setting, possibly a bar or cafe, with a glass of beer visible in the foreground. The background is softly blurred, showing what might be a window or a wall with some artwork.

Your medication is  
provided monthly  
by a healthcare  
professional.<sup>1</sup>

This helps make it easier to  
stay on track with taking  
your medication.<sup>2</sup>

**References:** 1. Abilify Maintena® Consumer Medicine Information. 2. WebMD. Pros and cons of long-lasting antipsychotic drugs. Available at <https://www.webmd.com/schizophrenia/schizophrenia-long-lasting-drugs> (Accessed December 2022).

Hypothetical person living with schizophrenia

There are other  
Australians just  
like you who take  
Abilify Maintena.<sup>1</sup>



References: 1. Data on file. PharmDash PBS data.

Hypothetical people living  
with schizophrenia.

This booklet is designed for patients who have been prescribed Abilify Maintena® and their carers.

Getting started with  
**Abilify Maintena®**  
(aripiprazole)



ONCE-MONTHLY  
**Abilify Maintena**  
(aripiprazole) prolonged-release suspension for injection

# What questions do you have for me?

For further information on Abilify Maintena, see the Consumer Medicine Information available [here](#) or in your patient booklet.

**PBS Information: Authority required (STREAMLINED) 4246 Schizophrenia.  
This product is not listed on the PBS for the treatment of bipolar 1 disorder.**

Please review the full Product Information before prescribing.  
Product Information can be accessed [here](#).

Provided in the interest of patient education by Otsuka Pharmaceutical Co., Ltd and Lundbeck Australia Pty Ltd.

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